



Aromatic Applications for the Skin

November 6 and 7th (Saturday and Sunday)

Times: 9:30am to 4:30pm

Tuition: \$225. plus \$50. materials fee of registered by October 1st

\$250. plus \$50. materials fee thereafter

Rockville, MD at Massage Associates

Study with dynamic educator: Jade Shutes, BA, Dipl. AT

Aromatic Applications for the Skin is a dynamic and innovative program designed for those who have an interest in understanding how aromatherapy can be applied to the skin. **This program will benefit:** Massage therapists, Healthcare professionals, Estheticians, Spa practitioners, Retail owners or employees and for general interest/self enhancement. The Aromatic Applications for the Skin will explore carrier oils, exfoliants, cleansers, creams, herbal infusions, and over 24 essential oils. The course comes with the East-West School for Herbal and Aromatic Studies "Aromatic Applications for the Skin" training manual and numerous products made in class. 14 CE hours for massage therapists and registered aromatherapists.

Core topics:

- ♦ Anatomy and Physiology of the skin
- ♦ The skin as a pathway into and onto the body
- ♦ General therapeutic benefits of e/o's
- ♦ Essential therapeutics: actions of e/o's on the skin
- ♦ Safety and essential oils
- ♦ 24 full essential oils
- ♦ Herbal Infusions/Phytols
- ♦ Carrier/vegetable oils
- ♦ Hydrosols, Clays, Salts, and other raw material
- ♦ Methods of application
- ♦ Common skin disorders and blending.
- ♦ Case study intake form
- ♦ Experiential exercise/Blending

You will learn how to make your own all natural face/body cream and oil, exfoliant, cleanser, body scrub and more !



About Jade Shutes, BA, Dipl. AT, Cert.Herbalist

Jade holds a Diploma in Holistic Aromatherapy, Holistic Massage, Anatomy and Physiology, and Reflexology from the Raworth College of Natural Medicine in Dorking, UK, and a Diploma in Aromatherapy from the International Therapist Examining board (ITEC). She has studied with Jan Kusmirek of Fragrant Studies and has completed Part One of the Purdue University Advanced Studies of Essential Oils. She has been practicing and studying forms of natural healing for more than twenty years, and was one of the vanguard of professionals who helped introduce aromatherapy to the United States. She is an aromatherapy educator, activist, and practitioner and is the co-author of the "Aromatherapy for Bodyworkers" textbook published by PrenticeHall.

**For further information or to register, call Lee Anne Blank
Massage Associates LLC Www.Massage.com
301-762-0564 or call Jade at: 919-894-7230**

PLEASE ANSWER THE FOLLOWING QUESTIONS

What are your professional goals, short – and long-term? _____

Tell us about yourself, your interests, attributes, hobbies, etc. _____

Aromatic Applications for the Skin
April 25 & 26

Tuition: \$225. plus \$50. materials fee if registered by October 1st
\$250. plus \$50. materials fee thereafter

Tuition includes: All product made in class, instruction, certificate, CE hours
and the “Aromatic Applications for the Skin” course book

Tuition Payment

Name: _____

I am paying my tuition deposit or fee with:

_____ Check _____ Money Order _____ Mastercard/Visa

*Send Check/Money order payable to: **EWSHAS**

MC/Visa # _____ 3-digit code: _____

Name on Card: _____

Expiration: _____ Signature: _____

Billing address for above CC: _____

Please send enrollment form with tuition to:
East-West School for Herbal and Aromatic Studies
335 Amber Lane
Willow Spring, NC 27592

Or Call to Register:
919-894-7230